

# USING YOUR SELF-TEST | COVID-19 |

**1** Follow instructions very carefully.



Use the QR code below for more information about self-testing and how-to videos.

**2**



**3** If your results are positive isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

Tell your close contacts that they may have been exposed to COVID-19.



If you are at an increased risk of becoming very sick, treatment maybe be available. Contact your health care provider right away if your test result is positive.

[www.cdc.gov/covidtesting](https://www.cdc.gov/covidtesting)



[www.scchealth.co](https://www.scchealth.co)